

Friday 26th September 2025

Introduction to Autism: Parent Workshops School Years 1-5 (Primary)

Dear Parents/Carers,

Introduction to Autism is a free online workshop, led by Leicester City Council, which will be streamed at Dovelands Primary School. Parents are invited to attend the school to watch the session together, enjoy some light refreshments, and take the opportunity to connect with other parents who are also taking part.

The workshops will help you to:

- Develop a clear understanding of autism.
- Explore how autism can affect families and daily life.
- Learn about support and resources available for families in Leicester City and beyond.

You will gain:

- A deeper understanding of autism and its impact.
- Information and guidance tailored for families.
- Signposting to local and national support organisations.
- Insights into Social Communication and practical strategies to support your child.
- Knowledge about Sensory Processing differences and how to manage them effectively.
- Techniques to help with your child's emotional regulation.

The workshops run **09.30am - 12pm** on the following dates:

- Wednesday 29th October 2025
- Wednesday 5th November 2025
- Wednesday 12th November 2025
- Wednesday 19th November 2025.

You must attend all dates listed.

Please confirm your attendance via email to pastoral@dovelands.leicester.sch.uk

Amy Harris
Pastoral Support Lead