

Specialist Summer Scheme

LOTS OF FUN ACTIVITIES!

FREE
IF ON 'BENEFIT-RELATED' FREE SCHOOL MEALS OR REFERRED BY SCHOOL*

- Shorter, quieter sessions aimed at neurodivergent children (i.e. ADHD, autistic etc.) - aged 6-15
- No formal diagnosis required
- Sensory-friendly lunch included
- Parent-Support session running alongside

25TH JULY + 1ST, 8TH + 15TH AUGUST 2025
MORNING SLOT: 10AM-12.30PM
AFTERNOON SLOT: 12.30-3.00PM

The Grove Community Hub,
Cort Crescent, LE3 1QZ
07850 747 999
0116 279 5145
#HAF2025

For more info, or to book, go to tinyurl.com/headsupsummer

* Part of Summer HAF Programme. Free applications checked by Leicester City Council for eligibility. Check website for more info.

Is your child **not comfortable** attending 'mainstream' school holiday provision?
 Do they get **anxious** around larger, louder groups?
 Are you as a parent looking for **support** to help you understand your neurodivergent child?

If yes to any of these questions;

then our new, specialist Summer Scheme at [The Grove Community Hub](http://TheGroveCommunityHub.com) in partnership '[Heads Up Leicester](http://HeadsUpLeicester.com)' may be what you are looking for!

Book now at www.tinyurl.com/headsupsummer - VERY LIMITED SPACES AVAILABLE

The Grove Community Hub, in partnership with Heads Up Leicester, are piloting shorter, quieter holiday scheme sessions for neurodivergent children aged 6-15 years in Summer 2025.

These sessions are aimed at children who would find our main holiday scheme overwhelming and would benefit from smaller, shorter sessions on a quieter day at The Grove. Having a formal diagnosis is not a requirement.

The scheme will run on Fridays for 4 weeks of the Summer Holidays (4 days total); starting Friday 25 July and finishing on Friday 15th August. Morning sessions run from 10am until 12.30pm and afternoon sessions run from 12.30pm until 3pm. (Please note that initially you will only be able to book either a morning or afternoon slot.)

ALL children who book are offered a 'build your own' sensory-friendly lunch.

You will have the choice of booking either a morning or afternoon session, and your child should be available to attend all four weeks. Activities will include gaming, crafts, sports, cook and eat sessions and much more!

It will help us to know which neurodevelopmental condition(s) you feel your child has / may have when you apply. For example:

- Autism Spectrum Disorder (ASD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Dyslexia
- Dyscalculia
- Dyspraxia

Supporting a neurodivergent child can bring additional challenges for parents, so we are also running parent peer-support sessions alongside the children's sessions, where you can:

- meet with other parents and share experiences

- learn tools and techniques for supporting your child's mental health
- learn self-care tips for parents
- find out about signposting to further support

For this scheme, we only have a very limited number of spaces available - all of which are FREE for those meeting the below criteria:

Free Places for those on 'Benefit-Related' Free School Meals - administered by the Leicester City Council

Free places are available for those on benefit-related free school meals, through the Holiday Activities and Food programme. Please note that this is **benefit-related** free school meals and **NOT** the universal free school meals that all children get up to year 3. Please note priority will also be given to those living in the City or attending City Schools.

Free Places for those referred by their Schools - administered by the Leicester City Council

For children who do not meet the Free School Meal criteria but would benefit from attending, there may still be an opportunity to attend the sessions for free through HAF funding - the child's school would need to refer the child to the City Council direct, detailing how the child would benefit from attending. If you would like to book via this route, please get in touch.

For both of the above routes, your application for a place will **not be confirmed** until the Leicester City Council have checked your child's eligibility; we will notify you once this is confirmed.

Please also note, for all spaces, you can only book your child on for ALL 4 DAYS and NOT individual days.

If you would like to contact the Leicester City Council direct regarding an application, then please use the following details - email haf@leicester.gov.uk or call 0116 4547140.

Places are very limited and once gone, we can't guarantee any more will become available; so book early to avoid disappointment!

Please Note:

When you book you will only be able to book one child on at a time due to the way the ticketing system works - if you have any issues / problems with this please let us know.

Get in Touch

If you have any questions, please do not hesitate to get in touch - email joe.smith@b-inspired.org.uk, call/message 07850 747 999 or call 0116 279 5145.

Steve Dowell

Service / Centre Manager – The Grove Community Hub